

All Saints Centre Weekly Activities

Christian Meditation

Monday 7.45-8.45 Joy Cheek 0121 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

All Saints Youth Project

TechKnow Monday 4.15pm

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 0121 443 1842

Family Support

Providing information and support for parents/ carers of teenagers 11 + Offering 1 to 1 Support Groups and Parenting Programmes. Contact us for more information Monday to Thursday 9am to 5pm Friday 9am to 1pm on 07436798497 or visit our website

www.allsaintsyouthproject.org.uk

Birmingham Careers Service age 16-19

by appointment Monday 1-4 contact Bal Kalsi 07795443046: Bal.Kalsi@Birmingham.gov.uk

Village Square Gardening Club

Wed 9.30am-1.30pm contact Dave 07732137772

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner 0121 604 6086

Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

badminton@allsaintschurchkh.org

Creative Writing classes in South Vestry 11 till 12pm Thursdays term time with Abigail

Tea Cake & Music 1st Thursday of month

2.30-4pm Drop in with piano music in vestry

Des on 0121 443 5292

Gamblers Anonymous 1st and 3rd Thursdays in the month 7.30pm to 9.30pm email :

Traidcraft

Co-ordinator Gill Parkin 0121 604 6127

Goods are sold at the Farmers' Market and after the Sunday morning service in church

Fitness & Zumba Class Fridays 10am

Caroline 07908802794 All Welcome

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 0121 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 0121 440 1354

Families Anonymous

Meetings are held monthly. For further information contact Families Anonymous on 020 7498 4680 or 0845 1200 660 (local rate)

All Saints Community Development Company

Administrator contact 0121 444 0760 office@allsaints-cdc.co.uk

To hire the Hall, Rooms and Village Square www.asckh.co.uk

Kings Heath Centre Facebook page is https://www.facebook.com/groups/httpswww.allsaintscentrehk.co.uk/

All Saints Church Rev David Warbrick 0121 444 0260

vicar@allsaintschurchkh.org

All Saints Youth Project & the Parent Project 0121 443 1842

info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 444 8111

www.therobincentre.org.uk

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre

0121 444 2005

Feet First Footcare

Podiatrist 0121 444 0990

All Saints Dental Clinic

0121 444 0496

Rourke's Pies Gary Rourke

orders@rourkespies.com

Dens of Equality

supporting children with special needs

0121 441 2207

CircusMash

www.circusmash.co.uk

0121 439 2530

Brumside Radio

studio@brumsideradio.com

Tel 07858127186

Church Services

Sundays 8am Holy Communion

10am Holy Communion

(with Children's groups)

6.30pm Iona Service, music and art

woven into prayer.

Morning Prayer is said in Church.

Mondays 9.30am

Tuesdays and Thursdays 9am

Saturdays 9.30am

There is a service of Holy Communion

Wed 11.30am All are Welcome.

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



All Saints Centre

ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

& THE ROBIN CENTRE

for older people

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

March 2023
Issue No 137



We have received funding from Birmingham City Council, and so can offer the lunches free of charge, or for a small donation. We are also able to supply some basic toiletries, and pet food to help out where needed.

Community Lunch

Over the last month, we have been welcoming people to our Warm Lunches on Tuesday and Fridays. Our customers enjoy a steaming bowl of delicious soup, followed by cheese, fruit, or a slice of cake, with a hot drink.



All ready for our first customers. Chunky Vegetable or Tomato soup on today's menu



Our first customers enjoy their soup

For those who would like to stay on, we have convivial conversation, board games, and occasionally, live music. In half-term week, we laid on some activities for children.

We would like to have some magazines for our customers to read or take away. If you would like to donate some to us, please drop them off in the All Saints office, or at one of the lunches, between 12-2.30pm Look out for the signs, and join us if you are around!

What's On

**Farmers' Market
on Kings Heath
Village Square
Saturdays March 4th
& April 1st
9am - 2pm**

Badminton at All Saints

Every Wednesday 8pm until 10 pm
We have one court and play mainly mixed doubles all abilities welcome
Every Wednesday 8pm till 10pm in the Church Hall
Call Steve or Zena for more details
01905 772171

Tea Cake and Music

in the South Vestry of the Church
(near the entrance)
First Thursday of the month 2.30-4pm
Come and get warm listen to some music and have a cuppa admission free
Next sessions: Thursdays March 2nd and April 6th
call Des on 0121 443 5292
for more details

COMMUNITY LUNCH*

Enjoy
A fresh, warm, home cooked meal of soup and fresh bread
Cake, coffee, and tea
A warm place to meet others, for a chat, to play games, or enjoy some live music.

For more information:
Call: 07763 044986 between 9.00 – 12 noon. At other times, please leave a message, and one of our volunteers will get back to you.
Email: allsaintscommunitycatering@gmail.com

Fair Trade Fortnight

During Fairtrade Fortnight (which this year runs from Monday 27th February to Sunday 12th March) we usually try to raise money for the work of Traidcraft Exchange - now called Transform Trade, but doing the same valuable work. Find out more about their work in the latest issue of Saints Alive!

Last year I had a valuable helper who was able to run some competitions after the 10.00am. service while I concentrated on the stall. I have a number of different competitions, most of which involve choosing the lucky square! We have two Sundays in Fairtrade Fortnight - 5th and 12th March. It would be good to have the competitions both weeks if possible.

Please let me know if you are willing to help.
Contact Gill Parkin at church or use the e-mail traidcraft@allsaintschurchkh.org



Singer-songwriter Tim entertains us.

All Saints Youth Project



**Free counselling service
for
young people 11-21
young adults 21-25
(with additional needs)**



Are you experiencing mixed emotions?
Overwhelming feelings of anger, grief, tears, pain, numbness? Unheard?
Nowhere to turn?

Counselling for young people experiencing grief

info@asyp.org.uk



0121 443 1842

Bereavement

Group Support

for young people who have experienced loss in their family, partners or friends



We can offer :

Support Your space Acknowledgement
Space to be heard Confidentiality
Respect Trust Acknowledgement
Understanding No judgement Therapy
Self awareness Safe place
At your own pace

All Saints Youth Project

All Saints Centre

2 Vicarage Road

Kings Heath

BIRMINGHAM B14 7RA

www.allsaintsyouthproject.org.uk