#### All Saints Centre Weekly Activities

TechKnow

All Saints Youth Project Monday 4.15pm

Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

Zumba Gold Class 40+ Fitness suitable for all. £4.50 Tuesday 11.30am - 12.30

Caroline 07908802794

University of the Third Age Moseley & KH 2nd Tuesday of month 2pm in "enquiries by email display cabinet to enquiries@mkhdu3a.org.uk"

All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project

Providing information and support to parents of teenagers. All Family support, groups and parenting programmes are currently being delivered online and by telephone contact only.

Contact us for more information- Monday to Thursday 8am till 6pm/Friday 8am till 2pm on 07436798497.

Birmingham Careers Service age 16-19 Mondays 1.00 to 4.00 p.m in the Youth Project

Village Square Gardening Club

Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

Wed 5.45pm till 7.15pm Toby 07843046221

Clarion Singers

Weds 7.30-9.30pm for everyone. No auditions Functional Fitness Class For Seniors 50+

Wednesday from 11.00am to 12.00 £4 Book Badminton

Wed 8 -10 pm Steve or Zena 01905 772171 Traidcraft

Co-ordinator Gill Parkin 604 6127 Goods are sold in ASC and the Farmers' Market. For times please see the notice in the

Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Breathe Easy Singing Group

1st, 2nd & 4th Friday of each month 11.00 am -12.00 noon £4.00 per session (1st session free) Contact Sarah - 07855950393

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

Football Coaching Sessions ages 4+

Sat10.30-11.30am contact 07507 558 022 or footballfunaticsenquiries@amail.com

Families Anonymous

Meetings are held monthly. For further information contact Families Anonymous on 020 7498

Tae Kwon Do 4680 or 0845 1200 660 (local rate)

## Some activities are currently suspended. Please check with group leaders

All Saints Community Development Company

To hire the Hall, Rooms and Village Square contact

bookings@allsaintscentrekh.co.uk phone 0121 443 4579 www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrekh

All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrekh.co.uk

www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842 www.allsaintsyouthproject.org.uk info@asyp.org.uk

The Robin Centre for older people Mon-Fri contact 0121 444 8111

#### All Saints Centre Services & Weekly Church Services

All Saints Medical Centre 444 2005

Feet First Footcare Podiatrist 444 0990

All Saints Dental Clinic

444 0496

Dens of Equality supporting children with special needs 441 2207 CircusMash

www.circusmash.co.uk 0121 439 2530

Church Opening Times
All Saints Church will be open for personal prayer on Sundays 2-4pm and Thursdays from 10-12 noon. Extra hygiene practices will be in place and physical distancing will

be followed

# All Saints Outlook

#### **ALL SAINTS CENTRE & PARISH CHURCH**



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158 2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

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#### **Brumside Radio**

"Brumside Radio is and always will be a platform for the community, made by the community. On Sunday 25th April the Rock Show, hosted by Jag Dehele and Dan Hadley were joined by special guest Alex Hunt. Alex spent many years attending the Kings Heath All Saints Youth Project; who help so many young people and their families with and without additional needs every year. Since, Alex has become a keen listener and loyal supporter of many shows on Brumside Radio and so we thought it fitting for him to come in as a quest to play a few songs on his quitar for his Birthday. Alex spoke about his influences and about how his music life started. Alex also chatted to us about his relationship with the All Saints Youth project and how they helped him and encouraged him. Needless to say Alex loved being on the show and got to see behind the scenes of how a show is put together.

Here on the Rock Show we were amazed at all the love and support sent in to us from family, friends and regular listeners who were all so proud of Alex. We, at the Rock Show were so privileged to play host to such an inspiration and we thank Alex for coming in to see us and lastly, to Alex....

You smashed them songs, well done mate!

Farmers' Markets on **Kings Heath Village Square** Saturday June 5th 9am - 2pm

Social Distant Car Boot Sale on the Village Square. Saturday June 12th. 9am till 2pm. 25 Bootees and All Saints Book Sale. Book a Car Boot just £10 pay in advance phone Dave on 07732137772.

After being closed for The over a year due to over a year due to Covid Restrictions we Robin are pleased to announce the Robin



Centre for Older People has reopened. Do you know someone with Dementia? Would they benefit from attending an award winning Day Centre with qualified staff? Phone Paula or Sally to find our more on 0121 444 8111 (there is a charge for the service but you may be supported by Birmingham City Council Social Services)



#### **Tech-Know** returns

Our intergenerational technological support programme returns

#### rebooting on June 7th

Mondays 4.15 – 6pm from 7th June **All Saints Youth Project** With Abdull and Chelsea plus our amazing Young Leaders. Helping adults, parents, carers engage with and understand Technology. From Facebook to Gmail via Whatsapp and Zoom...on Tablets, Laptops, Smart Devices and Phones. Tech-Know will help you communicate, connect and understand the online technological world.

Be in the know with Tech-Know.

#### **Kings Heath Food Bank**

Kings Heath Foodbank was set up at the start of the Covid 19 pandemic and provided much needed support to both the vulnerable and families suffering from financial hardship. It is safe to say that the need for people to use the foodbank has increased with additional referrals from social workers, job centre and the police.

The foodbank is run entirely by volunteers and we are lucky to have a supportive and caring community with many streets making weekly collections and donations of food and other essential items required.

The community working together was demonstrated when the foodbank and the family support coordinator from All Saints Youth Project worked in partnership to provide food hampers and Chocolate Eggs over Easter for Families in need. A very valued and worthwhile project by Kings Heath Foodbank and All Saints Youth project.

Although the foodbank is a muchneeded service to the community it does not have a permanent home. It has had to move premises several times over the past few months and is in desperate need for some permanent accommodation.

Any suggestions of any available premises would be very much appreciated.



Sharon with Food Hampers at All Saints Youth Project ready to be delivered to Families in need

### **All Saints Youth Project**



Chelsea's Challenges is the latest fun activity from All Saints Youth Project's amazing outreach Worker Chelsea. Designed to connect with Young People both on the Village Square and remotely over the youth Project's social media channels, Chelsea's Challenges will be held on a weekly basis for a 10-week period, giving Young People the opportunity to take part in various tasks and activities.

It's just the latest in a long line of projects from the staff at All Saints who have been non-stop over the past 12 months of this uncertain pandemic, ensuring that the Young People and families they support remain supported and connected.

Youth Project leader Pat said: "Chelsea's Challenges is a great way to have fun, stay active and connected with the Young People and it is proving to be a great success. It just further strengthens our relationship with them and lets them know that no matter what happens, we won't be going anywhere!"

Chelsea's Challenges and all of ASYP's activities can be found on their social media channels and their website:

www.allsaintsyouthproject.org.uk

#### The Bike Project



On the first Saturday of May members of All Saints Church organized a bicycle collection for the Bike Project (https://thebikeproject.co.uk/) at the monthly farmer's market. We also gave out information on the project to those who came past the stall. This charity collects second-hand bikes, fixes them up in their workshops and gives them to refugees, and since 2013 they have given away over 6000 bikes to refugees. They also run cycle training and a bike buddy scheme where volunteers are partnered with refugees.

Through the magic of social media, and advertising through the church newsletter we collected over 20 bikes. These were collected at the end of the farmers market and taken back to the Birmingham base of the Bike Project at the Old Print Works in Balsall Heath.

Anybody who wishes to donate direct can find details about the local dropoff points at https://

thebikeproject.co.uk/pages/donatebike

Thanks to everyone who helped and those who brought along bikes.