All Saints Centre Weekly Activities

TechKnow

All Saints Youth Project Monday 4pm

Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

Zumba Gold Class 40+ Fitness suitable for all. £4.50 Tuesday 11.30am - 12.30

Caroline 07908802794

University of the Third Age Moseley & KH 2nd Tuesday of month 2pm in "enquiries by email to enquiries@mkhdu3a.ora.uk"

All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project

Providing information and support to parents of teenagers. All Family support, groups and parenting programmes are currently being delivered online and by telephone contact only.

Contact us for more information- Monday to Thursday 8am till 6pm/Friday 8am till 2pm on 07436798497.

Birmingham Careers Service age 16-19 Mondays 1.00 to 4.00 p.m in the Youth Project

Village Square Gardening Club

Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

Clarion Singers

Weds 7.30-9.30pm for everyone. No auditions

Functional Fitness Class For Seniors 50+

Wednesday from 11.00am to 12.00 £4 Book Badminton

Wed 8 -10 pm Steve or Zena 01905 772171 Traidcraft

Co-ordinator Gill Parkin 604 6127 Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Breathe Easy Singing Group

1st, 2nd & 4th Friday of each month 11.00 am -12.00 noon £4.00 per session (1st session free) Contact Sarah - 07855950393

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

Football Coaching Sessions ages 4+

Sat10.30-11.30am contact 07507 558 022 or footballfunaticsenquiries@amail.com

Families Anonymous

Meetings are held monthly. For further information contact Families Anonymous on 020 7498 4680 or 0845 1200 660 (local rate)

Some activities are currently suspended. Please check with group leaders

All Saints Community Development Company

To hire the Hall, Rooms and Village Square contact bookings@allsaintscentrekh.co.uk phone 0121 443 4579

www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrekh

All Saints Parish Office 0121 444 0760 email:parishoffice@allsaintscentrekh.co.uk

www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842 info@asyp.org.uk

www.allsaintsyouthproject.org.uk

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre 444 2005

Feet First Footcare Podiatrist 444 0990

All Saints Dental Clinic 444 0496

Dens of Equality supporting children with special needs 441 2207

CircusMash www.circusmash.co.uk

0121 439 2530

Church Opening Times All Saints Church will be open for

personal prayer on Sundays 2-4pm and Thursdays from 10-12 noon. Extra hygiene practices will be in place and physical distancing will be'followed

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158 2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

February 2021 Issue No 121



Vaccinations at All Saints Medical Centre

All Saints Centre has been assisting All Saints Medical Centre to carry out vaccinations for Covid-19. So far up to 18th January. over 2,500 have been given, with myself and Westy helping the staff at the Medical Centre with car parking etc. Long days of up to 14 hours in all weathers, but we are proud to assist on behalf of All Saints Centre.

A massive 'Well done!' to the medical staff and a big 'Thank you' to the other tenants for their support. I can honestly say to see the smiles from people after they have had their vaccine makes it so worthwhile

Farmers' Market on Kings Heath Village Square Saturday February 6th



DID YOU SEE?

The BBC featured Styan farm and Hilltop farm on its programme The Farmers' Counntry Showdown. Series 5 episode 1. It features Moseley market but both farmers will be very familiar to those of you who use Kings Heath market as they provide us each month with quality veg and meat. Catch up on BBC I player

Next Kings Heath Farmers Market Saturday 6th February 2021. Every first Saturday in the month.

All Saints Youth Project



Hello, I'm Jason, I have taken on the role of Counselling Coordinator and I am looking forward to playing my part in delivering All Saints Youth Project's counselling provisions. I'm a qualified and experienced Integrative Counsellor, registered and accredited by the National Counselling Society (NCS) and a Member of the British Association for Counselling and Psychotherapy (BACP).

I look forward to meeting

you, getting to know the community and working with our young people. While there is still a waiting list for young people wanting therapy, we will be reopening our referral processes in February.

Online Farmers' Market

Local producers who trade at Kings Heath and Moselev Farmers' Market are now running an online market selling everything from veg and fish to chocolates and hot sauce. Order by Tuesday evening for delivery on Thursday.

They are doing home deliveries on Thursday evenings to homes in Kings Heath, Moseley, Bournville, Hall Green, Kings Norton, Harborne, Selly Park, Stirchley and Selly Oak and are also offering a Click and Collect service from the Welcome Space in the All Saints Centre on Thursday evenings between 6pm and 6.30pm. Order at https:// www.neighbourfood.co.

uk/markets/kings-heath -and-moselev/7

The Robin Centre The The latest Covid Robin restrictions mean that, unfortunately, the Robin Centre has had to discontinue Centre its Companionship Service.

Our staff were visiting members for three hours or so, thus giving their carers a much needed break from their caring responsibilities, and have a bit of time to themselves. In the short time we ran this scheme it was very popular, but in current circumstances we felt it was too risky to members, carers and staff to continue. We are still in regular touch with members by phone and are sending out activity packs to all those who want them, and of course we are looking forward to the time when, vaccinations permitting, we can reopen our doors.



Piara Singh Panesar and his daughter

Meanwhile, we are enormously grateful to Manjeet Panesar, son of Piara Singh Panesar, one of our long standing members, who died recently. At Manjeet's instigation we have set up a Robin Centre Just Giving page which has already raised over £750 from donations in his father's memory. If anyone would like to support us, (it can be in memory of anyone, or just a kind donation) the link is https://www.justgiving.com/ therobincentre .



All Saints Youth **Project**

The Big Christmas Word Quiz 2020

We would like to thank the All Saints community for their wonderful support with the second of this hopefully annual fund-raising venture.

We are delighted to report that the 'Word Quiz' raised over £1.000 for the All Saints Youth Project. From conversations over the Christmas period we know that many of you engaged with the quiz.

The quiz was designed as fun quiz, but the main purpose was to provide the community with an additional opportunity to support the wonderful work and raise funds for the Project. We are confident that both aims were realised and we plan to run a third guiz for Christmas 2021!

There were many more submitted entries this year and from the large number of the equal highest scorers (99/100) we are delighted to report that Alison Noakes won the first prize of £30 and Sarah Wilson the second prize of £20.

If you enjoyed the quiz but have not yet seen the answers these are available at:

www.allsaintsyouthproject.org.uk

or e-mail:

tedhammond74@gmail.com Donations can of course still be made via the website. With our thanks and best wishes Lindsey & Ted Hammond