

## All Saints Centre Weekly Activities

### smAll Saints

Mondays 1.30 -3pm in Church for under 5's

### Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

### Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

**University of the Third Age** Moseley & KH

2nd Tuesday of month 2pm 449 2470

### All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed

afternoons & eves. Gateway to Inclusion 6.15-

8.15pm Tues & Thurs. 443 1842

### The Parent Project

Providing information/ support/ parenting programmes for parents of teenagers

Open 10-5 Mon -Thurs 10-1 Fri 443 1842

### Birmingham Careers Service age 16-19

Mondays 1.00 to 4.00 p.m in the Youth Project

### Village Square Gardening Club

Wed 9.30am-1.30pm

### All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

### Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

### Short Date Cafe Wed 5.30-7.30pm

A joint venture between the Youth Project and the

Cafe selling simple made meals from food that is in

danger of being sent to landfill.

### Clarion Singers

Weds 7.30-9.30pm for everyone. No auditions

**TRUST** meets the first Wednesday of the

month 6.30pm to 8.30pm Youth Project

### Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

### Traidcraft

Co-ordinator Gill Parkin 604 6127

Goods are sold in ASC and the Farmers'

Market. For times please see the notice in the display cabinet

### Knit & Natter Group

Thursdays 10.30am - 12.30pm in Cafe

**Fantastic Fledglings** Thursdays (term time

only) 12.30-2.30pm Youth Project

### TCM (Tea, Cake & Music)

Thursdays 3pm in the Cafe

### Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on

07929 262 777info.playfighter@gmail.com

**Zumba Gold Class 40+ Fitness** suitable for all.

£4.50 Friday 10 - 11 am Caroline 07908802794'

### Breathe Easy Singing Group

1st, 2nd & 4th Friday of each month 11.00 am -

12.00 noon £4.00 per session (1st session free)

Contact Sarah - 07855950393

### 1<sup>st</sup> Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 444 1390

### Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

### Umbrellaz Child Care Services

Mon - Fri during term time

8.00 - 8.30 am Pre-school and 3.30 - 6.00

pm after school services. 07453982688

**The Café** is open until 9.30pm on Fridays with

live music featuring local musicians.

### Coaching Sessions ages 4+

Sat10.30-11.30am contact footballfunaticsen-

quiries@gmail.com or 07507 558 022

### All Saints Community Development Company

Hiring of Hall, rooms and Village Square contact

bookings@allsaintscentrehk.co.uk phone 0121 443 4579

www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrehk

### All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrehk.co.uk

www.allsaintskingsheath.co.uk

### All Saints Youth Project & the Parent Project 0121 443 1842

info@asyp.org.uk www.allsaintsyouthproject.org.uk

**The Robin Centre** for older people Mon-Fri contact 0121 483 4400

**All Saints Café** opening times 9.30am-3.30pm Monday - Saturday.

And open on Fridays 6pm-9.30pm Tel no 0121 293 1699

## All Saints Centre Services & Weekly Church Services

### All Saints Medical Centre

444 2005

### Feet First Footcare

Podiatrist 444 0990

### All Saints Dental Clinic

444 0496

### Dens of Equality supporting

children with special needs

441 2207

### CircusMash

www.circusmash.co.uk

0121 439 2530

### Wed Holy Communion 11.30 am

Sun 8.00am Holy Communion

10.00am Parish Communion

6.30pm Evening Prayer

1st Sunday of the month

All Age Worship 10.00am

# All Saints Outlook

## ALL SAINTS CENTRE & PARISH CHURCH



### ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

### & ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

September 2018  
ISSUE 100



## All Saints Youth Project

A group of young people from the All Saints Youth Centre have recently completed a short film exploring the issues of cyber-bullying, sexting and feeling alone - issues that are relevant in the lives of many people of a similar age.

They created the film during their summer holiday youth scheme at the All Saints Centre alongside the award winning film maker Daniel Alexander, with the aim of helping not only themselves and others their age to understand the issues, but also adults -such as parents, carers, teachers and youth workers - to see the problem from their perspective.

The film will be available on the soon-to-be revamped All Saints Youth Project website and the group is already planning to explore more issues in creative ways in the near future.

## Events at All Saints Centre

**Saturday 1st September  
Farmers Market**  
on the Village Square 9am - 2pm

**Saturday 8th September  
Car Boot Sale on the Village  
Square 9am -1pm**

**Saturday 13th October  
Car Boot Sale 9am to 1pm**



### The Last Two of 2018

**Saturday September 8th**

**Saturday October 13th**

**From 9am to 1 pm**

**Book now – grab a bargain**

**Cars only (no vans) £10**

**Sell your old stuff!!**

**Tel: 07732137772**

**Village Square Cafe  
and Church open**

## Art Exhibitions

### All Saints Community Arts

Presents  
EURYDICE's  
ESCAPE ,  
paintings by  
Nina Nazir,  
3 September -  
14 October  
2018 . This  
body of  
work provides  
a glimpse into  
the tale of Greek goddess Eurydice,  
retold and still journeying, in a riot  
of fluctuating colour and form, using  
wet-on-wet painting techniques and  
mixed media. Works will be  
available for sale via the artist's  
contacts .



Forthcoming Exhibition: Recent  
paintings by Gillian Simpson 15th  
October—9th December  
All Saints Centre Kings Heath  
Open daily from 09.30am – 3.30pm  
Mon - Sat & after church service on  
Sunday mornings.

### 100 issues of All Saints Outlook

The first issue of Outlook was  
produced in December 2008 and  
included a plan of the proposed new  
'Welcome Space'. *"Construction  
started in October of the first stage of  
the new community building at All  
Saints. Comprising a welcome and  
meeting space, plus kitchens and toilets  
the new facilities will be available in  
June 2009"* Also re  
The Village Square  
"Birmingham City  
Council has  
earmarked £200,000  
towards the cost of a  
new village square"  
We've come a long  
way since then !  
Pat Rowland,  
editor



'It's been a busy time at  
CircusMASH this summer! With  
community performances at local festivals  
such as CocoMad and JQFest, workshops  
all across the city, a fabulous wedding take-  
over and a spectacular summer camp...  
we've had a lovely time! Community has  
always been the heart of our centre, and  
the centre of our heart. And so this  
September we are launching a whole  
range of new and exciting classes for both  
adults and the youth community to create  
even more accessible opportunities to do  
the impossible. Why not come and try out  
your juggling skills? Or take a spin on our new Cyr wheels? All levels are  
welcome, as are all shapes and sizes. See you there, CircusMASHERS!  
For class information, head to [circusmash.co.uk](http://circusmash.co.uk)



## All Saints Youth Project "The Parent Project" Supporting families of young people

**Teen Triple P** (11 yrs up to 19 yrs)

Starts Monday 10th September

12.15 pm till 2.45 pm. 8 sessions

**Non Violent Resistance**

(11 yrs up to 19 yrs)

Starts Tuesday 11th September

10 am till 12 pm. 10 sessions

**Group Triple P** (2 yrs to 10 yrs )

Starts Wednesday 12th September

9.15 am till 11.00 am. 6 sessions

**Freedom Programme**

**(Living with the Dominator)**

Starts September. Please call for times  
and venue. 12 sessions.

**ADHD Parent/Carer support group**

Thursday 6th September

10 am till 12pm. Monthly

**T.R.U.S.T parent/carers support  
group (Adolescent Mental Health)**

Wednesday 5th September

6.30 pm till 8.30 pm. Monthly

**I.M.P.A.C.T parent/carers support  
group ( Time for you )**

Friday 7th September

9.30 am till 11.30 am. Monthly

All our groups are FREE to attend.  
You do not need to book a place just  
come along on the day of the group  
and meet other parents/carers of teen-  
agers. Sorry but we do not provide  
childcare.

## All Saints Community Cafe

**NEW OPENING HOURS**

**from Monday 3<sup>rd</sup> September**

**We will be open from 9.30 to 3.30**

**Monday to Saturday**

A full hot food offer will be  
available until 2.30 p.m.

On Fridays the cafe will re-open at  
6 pm for a full evening  
food service with music



We are working with the British Legion  
to make a giant poppy display on the  
Village Square. We need strong plastic  
(minimum 12cm wide) from ice cream tubs/  
lids or similar and metal jar lids, approx 6cm  
diameter. Donations received at the Youth Project.

You can contact us for  
information on ;  
**0121 443 1842/07436798497**  
**[www.allsaintsyouthproject.org.uk](http://www.allsaintsyouthproject.org.uk)**  
**[info@asyp.org.uk](mailto:info@asyp.org.uk)**