

All Saints Centre Weekly Activities

Musical Babies

Monday 12.30 to 1.30 in the Main Hall
Contact: Emma 07751805778 Term time only

smAll Saints

Mondays 1.30 -3pm in Church for under 5's

Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

University of the Third Age Moseley & KH

2nd Tuesday of month 2pm 449 2470

All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project

Providing information/ support/ parenting programmes for parents of teenagers

Open 10-5 Mon -Thurs 10-1 Fri 443 1842

Birmingham Careers Service age 16-19

Tuesday 1-3pm in the Youth Project

Village Square Gardening Club

Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

Short Date Cafe Wed 5.30-7.30pm

A joint venture between the Youth Project and the Cafe selling simple made meals from food that is in danger of being sent to landfill.

Clarion Singers

Weds 7.30-9.30pm for everyone no auditions

Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

TRUST meets the first Wednesday of the month 6.30pm to 8.30pm Youth Project

Traidcraft

Co-ordinator Gill Parkin 604 6127

Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

Knit & Natter Group

Thursdays 10.30am - 12.30pm in Cafe

Fantastic Fledglings Thursdays (term time only)

12.30-2.30pm Youth Project

TCM (Tea Cake & Music)

Thursdays 3pm in the Cafe

The Potter's House Bible Study

Thursday 7-9pm & Sun 1.30-3.30pm & 7.30-9.30pm daniellettman@hotmail.com

Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Zumba Gold Class 40+ Fitness suitable for all. £4.50 Friday 10 - 11 am Caroline 07908802794

Breathe Easy Singing Group

1st, 2nd & 4th Friday of each month 11.00 am - 12.00 noon £4.00 per session (1st session free) Contact Sarah - 07855950393

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

Umbrellaz Child Care Services

Mon - Fri during term time
8.00 - 8.30 am Pre-school and 3.30 - 6.00 pm after school services. 07453982688

The Café is open until 9.30 on Fridays with live music featuring local musicians.

All Saints Community Development Company

Hiring of Hall, rooms and Village Square contact

bookings@allsaintscentrehk.co.uk phone 0121 443 4579

www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrehk

All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrehk.co.uk www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842

info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 483 4400

All Saints Cafe opening times to 9.00am - 4.30pm Monday to Saturday

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre

444 2005

Feet First Footcare

Podiatrist 444 0990

All Saints Dental Clinic

444 0496

Lloyds Pharmacy 444 4924

Dens of Equality supporting

children with special needs 441 2207

CircusMash

www.circusmash.co.uk

0121 439 2530

Wed Holy Communion 11.30 am

Sun 8.00am Holy Communion

10.00am Parish Communion

6.30pm Evening Prayer

1st Sunday of the month

All Age Worship 10.00am

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

November 2017

ISSUE 92

Knitted Posada

We are planning to send the Holy Family (Mary, Joseph and Jesus in knitted form) and the Kings as well, on a journey around Kings Heath through Advent. They need accommodation! Could you host them for a night, asking others to sponsor you / donate to Oxfam Unwrapped to provide a tent for a refugee, or an allotment for a poor farmer, or a mosquito net for a vulnerable child? Visit <http://www.oxfam.org.uk/shop/oxfam-unwrapped> to see what you could sponsor...Thank you Emily



Market Outreach

At most of the food and craft markets on the village square, Emily provides children's crafts and often face-painting. If this is something you could support her with, even for an hour. Please let her know, and do come along and say hello (tea and chocolate is always welcome too!) especially as it turns colder...
PS. Keep a watchful eye out for a Bear in the Square...

Would you like some good company on Wednesday lunchtimes?

Then come along to the
All Saints Lunch Club
for Elders at

All Saints Centre 11.45am to 1.15pm Wednesdays

We would love to see you!
Further details from
Liz Turner 604 6086

All Saints Knit and Natter Group

Meet in the cafe every Thursday from 10.30 a.m until 12.30 pm.
All welcome who want to knit and talk just turn up.



Events at All Saints Centre

**Saturday 4th November
Farmers Market
Village Square 9am-2pm**

**Saturday 11th November
K'Heath Street Food Market
Village Square 11am-5pm**

**Saturday 18th November
Art Craft & Food Market
Village Square 10am-4pm**

The All Saints Craft Fair
will be held this year in the
Church on December 2nd - Free
Admission. All the stalls will be
from members of the All Saints
Craft group. Open from 10am
until 3 pm - jams, knitting,
Christmas gifts with
seasonal music



In celebration of Circus250, from the 3rd-7th January 2018 CircusMASH will be introducing MASH CAMP A 5-day circus intensive for youth and adults (open to beginners). A fabulous way to start the new year. Please see website for more details. MASH CAMP is £100 and gift vouchers are available! It makes one amazing gift...

The next issue of Outlook will cover December & January. Please email items to ; pat.a.rowland@gmail.com by Nov 17th

Art Exhibitions

Earthy Things

works by Sarah McWilliams
until 10th December

Then the work of students from
King Edward VI Camphill
School for Girls.

The exhibition is open daily from 9.00 - 5.00 in The Welcome Space at All Saints Centre, and after church service on Sundays.

smAll Saints

The Monday afternoon baby group will be running right through November and December with an increasingly festive array of craft activities and stories! We meet in the church itself at All Saints from 1.30-3pm, with a suggested donation of £2 per child including refreshments. Any pre-school children and their parents are welcome to join us! There's no group 25th December / 1st Jan, but we'll be back in the swing from 8th Jan 2018... Please do join the Facebook group 'smAll Saints' to keep up to date on events within the group and to share photos.

Family Days

We have such an exciting Family Day medley happening soon.

Hogwarts Family Day will be on Saturday 16th December in the church between 10am-12:30pm, and will include a real-life Honeydukes sweet-shop, Harry Potter Photo-booth, Quidditch, a huge selection of crafts, refreshments, Film-showing and much, much more.
Donations on entry!

"A Big Thank You to the people of Kings Heath for their support of the All Saints Junk, Jumble and Book Sale. We made £787.72 on the day and hope to exceed £800 with after sales.

Sarah Wilson, All Saints Church



All Saints Youth Project

The T.R.U.S.T Group

Celebrated its 4th Birthday
in September and we marked

the occasion by having a networking and relaunch event at ASYP. It was a lovely occasion, which gave both parent carers and other organisations the opportunity to learn more about ASYP and hear inspiring stories from parents and siblings alike.

T.R.U.S.T had its first meeting on 11th Sept 2013 and has continued to meet, every month, since that date. T.R.U.S.T provides parents with the opportunity to share experiences, with other like-minded parents, in a confidential space. Caring for a young person who is suffering from a mental illness can be very isolating and T.R.U.S.T recognises this and aims to address it. T.R.U.S.T not only provides a safe place to share, but also gives parent carers the opportunity to link in with professionals and learn more about adolescent mental health. Over the years we have been fortunate enough to have professionals attending T.R.U.S.T from both Birmingham & Solihull Mental Health Foundation Trust and Forward Thinking Birmingham

This networking event was a great success and an excellent opportunity to meet new people, learn about other services and most of all celebrate T.R.U.S.Ts 4th Birthday. The TRUST meets the first Wednesday of the month 6.30pm to 8.30pm

NEW

"Dads For Life"

**Family Movie Morning at
All Saints Youth Project on the following dates**

**Saturday 25th November 11am till 2pm
Saturday 16th November 11am till 2pm
Snacks and refreshments provided.**

**Opportunity for dads, grandads, male carers to spend quality time with their teenagers(11yrs up) & socialise with other dads/male carers.
Partners and younger siblings welcome.
FREE but welcome donations.**

Fantastic Fledglings Alfrey's Story



My daughter developed mental illness 2 years ago and I found the TRUST support group at All Saints Youth Project invaluable. As my daughter continued on her journey it became apparent I also needed a support group where I could attend during the day with my daughter, who was in recovery, and also her siblings who were crucial to my daughter's recovery, her continuing journey and also as siblings they needed recognition too that they are not "invisible" to the overall impact of mental illness that they needed support and understanding too. So after many conversations with Ian Barber, Family Support Coordinator Fantastic Fledglings was born. The name Fantastic Fledglings was thought of by my children and I believe it totally reflects the identity of the group that of adolescents getting ready to fly the nest and negotiating all of modern day expectations placed upon them which may cause their mental health to "suffer". Fantastic Fledglings provides a safe and confidential environment for adolescents and their support network to meet and connect with other families experiences similar situations.

Lilians Story:

" My sister developed mental illness 2 years ago and it was a very confusing time for the whole family and from my experience. I feel that the professionals excluded me and my brother from my sister's recovery and we almost became invisible but in reality we should have been paramount part of my sister's recovery. This is why Fantastic Fledglings is so good as it is for the whole family and whoever we define as family."
Lilian Scott aged 14.
Fledglings meet every Thursday (term time only) 12.30-2.30pm