All Saints Centre Weekly Activities

Peppa Pia

Mondays 9.30 - 11.00

www.movewithpeppapig.com odie.hamilton@aspire-sports.co.uk

Musical Babies

Monday 12.30 to 1.30 in the Main Hall Contact: Emma 07751805778 Term time only

Mondays 1.30 -3pm in Church for under 5's Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221 University of the Third Age Moseley & KH 2nd Tuesday of month 2pm 449 2470

All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project

Providing information/support/parenting programmes for parents of teenagers Open 10-5 Mon - Thurs 10-1 Fri 443 1842

Birmingham Careers Service age 16-19 Tuesday 1-3pm in the Youth Project

Village Square Gardening Club Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221 Short Date Cafe Wed 5.30-7.30pm

A joint venture between the Youth Project and the Cafe selling simple made meals from food that is in danger of being sent to landfill.

Weds 7.30-9.30pm for everyone no auditions **Badminton** 

Wed 8 -10 pm Steve or Zena 01905 772171 Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

1st Midland B-P Scout Group Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group Sat 9.30 -12noon Joy 440 1354

Traidcraft

Co-ordinator Gill Parkin 604 6127 Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

TCM (Tea Cake & Music) Thursdays 3pm in the Cafe

The Potter's House Bible Study Thursday 7-9pm & Sun 1.30-3.30pm & 7.30-

9.30pm daniellettman@hotmail.com Zumba Gold Class 40+ Fitness suitable for all. £4.50 Friday 10 - 11 am Caroline 07908802794

Breathe Easy Singing Group

1st, 2nd & 4th Friday of each month 11.00 am -12.00 noon £4.00 per session (1st session free) Contact Sarah - 07855950393

Umbrellaz Child Care Services

Mon - Fri during term time 8.00 - 8.30 am Pre-school and 3.30 - 6.00 pm after school services. 07453982688

The Café is open until 9.30, with live music featuring local musicians.

All Saints Community Development Company

Hiring of Hall, rooms and Village Square contact

bookings@allsaintscentrekh.co.uk phone 0121 443 4579 www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrekh

All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrekh.co.uk www.allsaintskingsheath.co.uk All Saints Youth Project & the Parent Project 0121 443 1842

info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 483 4400 All Saints Cafe opening times to 9.00am - 4.30pm Monday to Saturday

### All Saints Centre Services & Weekly Church Services

All Saints Medical Centre 444 2005 Feet First Footcare Podiatrist 444 0990 All Saints Dental Clinic 444 0496 Lloyds Pharmacy 444 4924

Dens of Equality supporting children with special needs 441 2207

CircusMash

www.circusmash.co.uk 0121 439 2530

Wed Holy Communion 11,30 am Sun 8.00am Holy Communion !0.00am Parish Communion 6.30pm Evening Prayer Ist Sunday of the month All Age Worship 10.00am

# All Saints Outlook

## **ALL SAINTS CENTRE & PARISH CHURCH**



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158 2, Vicarage Road, Kings Heath, Birmingham, B14 7RA October 2017 ISSUE 91



Saints Community Catering Limited. which is managed by a group of directors including Margaret Healey-Pollett who has been operating the café as a sole trader for the past two years. The new arrangement has the advantage of limited liability, which makes it possible to raise the capital needed for improvements. From her experience of running the café, Margaret has come to understand where improvement is needed, and how it might generate more income. For example the café could provide more catering for the various events that take place in the Centre, but currently there are limits to this due to difficulties with temperature control in the kitchen. We have ideas about how to keep the kitchen cooler, but it will need capital investment. More information will be made available about this over the next few months. Meanwhile look out for the evening events we are developing:

Weekly on Wednesdays from 5.30 -7.30pm. The Short Date Café. This is a joint venture with the Youth Project when we will cook and serve meals made from food that is in danger of going to landfill. Weekly on Fridays, the café remains open until 9.30, with live music from **local performers** between 7 – 9. Look out on Facebook and the blackboard for what is coming up.

Monthly **Well-being Evenings**, when for £15 you can enjoy a two-course meal, and a taster head or hand massage, or a reiki session. Occasionally we have advice from a nutritionist too. All food is freshly prepared in our kitchen. Our tea and coffee are fairtrade: the coffee is from Ethical Additions, supporting the Kenyan growers directly, and our tea is from Traidcraft. We have a hot meals menu on the board.

# Events at All Saints Centre In October

**7th Farmers' Market** 9.00 am - 2.00 pm Village Square

**14th Street Food Market** 11.00 am - 5.00 pm Village Square

**14th Junk & Jumble Sale** 10.00 am - 2.00 pm Main Hall

**14th Clarion Singers Concert** 7.30 -11.00 pm Main Hall

21st Arts & Crafts Market 10.00 am - 4.00 pm Village Square

21st Caribbean Cultural Day 12.30- 5.30 pm Main Hall

**27th 'I Knew You' Performance** 2.30 pm Main Hall

28th 'I knew You' 6.30 pm Main Hall

## **Family Day**

All Saints Church Saturday 28th October 10 - 11.30am

### Tale as Old as Time

Film showing, Prayer activity, Refreshments, Family Fun, Crafts and Games Donations to enter Everyone Welcome

Contact Emily for more details: Emily.childrensworker@gmail.com 07739018908

Join All Saints Children and Families on Facebook



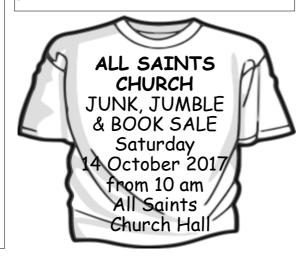
#### EARTHLY THINGS works by Sarah McWilliams 16 Oct-10 Dec2017

Sarah McWilliams completed her degree in Fine and Applied Arts at Ulster University in 2003, specialising in Lens Based Media. She subsequently trained

to become a secondary school art teacher and currently works in the West Midlands. The exhibition is open daily from 9.00 - 5.00 in The Welcome Space at All Saints Centre, and after church service on Sundays. Joyce Rimmer 's exhibition of drawings continues until October 15, and the forthcoming exhibition after Sarah McWilliams will be work by students of King Edward VI Camphill School for Girls.

### **All Saints Badminton Club**

welcomes new members FIRST NIGHT FREE- come and give us a try we are a friendly club with one hall. We play mixed doubles every Wednesday 8 pm until 10 pm. all abilities welcome. We have a seasonal rate or £5 per session you will normally get at least three games sometimes more. For more information tel Steve or Zena on 01905 772171 or just turn up.



#### The Robin Centre

The Robin Centre, providing day care services to older people within the All Saints Centre, has just had a big boost to its membership. Last year, Birmingham City Council announced that it would be closing the day centres for the elderly which it ran directly. This was mainly because of cost concerns, and also a recognition that third sector organisations, such as ourselves, can provide services more flexibly and effectively than direct council provision. As part of the preparation, existing providers were encouraged to attend meetings to discuss



what was to happen, and this gave us a chance to set up our own stall with leaflets, information and the chance to explain to people potentially affected what we do. Paula McGrath, our Centre Manager, Des Workman and David Ritchie attended one of these meetings in Ladywood last year. The Council also collected information on what services and facilities different organisations offered, and were impressed by the Robin Centre. One of the first centres to be closed was the African Caribbean Day Centre which operated out of the Community Centre in Heathfield Road. Prior to closure, a number of its members visited us and as a result six new members have joined us, some of them attending for several days in the week. They have made a welcome addition to our family and, from the feedback we have, are enjoying the time they spend with us, the activities, the environment and the transport arrangements, and are getting on well with our staff team. We are delighted to welcome them.

Contact: **The Robin Centre** Mon-Fri 0121 483 4400

# The Repertory Theatre comes to All Saints Centre! "I Knew You"

Staring Lorna Laidlaw (Doctors).

Part of the Barry Jackson tour
"Angela is edging towards retirement.
Following a chance encounter, she is torn
whether or not to introduce 'her Patrick' to the
son he walked out on and the grandson he's
never met. But Patrick has some news
that may force her to decide." I knew you is
the highly anticipated second play from
Birmingham born writer Steven Camden aka
Polar Bear. Performances:

Friday 27th Oct Matinee Performance 2.30 pm Saturday 28th Oct Eve Performance 6.30 pm Tickets on sale at All Saints Centre - Welcome Desk / Café Tickets £4, Concessions £3 (18 and under, over 60)

For more information phone 0121 443 4579 or visit www.asckh.co.uk

Would you like some good company on Wednesday lunchtimes?
Then come along to the All Saints Lunch Club for Seniors at All Saints Centre 11.45am to 1.15pm Wednesdays

We would love to see you! Further details from Liz Turner 604 6086

#### **CIRCUS MASH SCRATCH PAD**

If you're an artist or organisation and would like to be part of this scratch please email joe@circusmash.co.uk to register. Friday 3rd November 2017 @ 7.30pm Donation on departure