

## All Saints Centre Weekly Activities

### Christian Meditation

Mon 7.45-8.45 Joy Cheek 443 4625

### Rethink Mental Illness

Tuesday and Thursdays

contact Debbie.wallace@rethink.org

### Tae Kwan Do

Mon 5.45-8.15pm Toby 07843046221

### All Saints Stay & Play

Tues 9.30-11am

### University of the Third Age Moseley & KH

Tues 2pm only 2nd Tues of month 449 2470

### All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+

Wed afternoons & eves. Gateway to Inclusion

6.15-8.15pm Tues & Thurs. 443 1842

### The Parent Project

Providing information/ support/ parenting

programmes for parents of teenagers

Open 10-5 Mon -Thurs 10-1 Fri 443 1842

### Birmingham Careers Service age 16-19

Tues 1-3pm in the Youth Project

### Youth Work on the Village Square

Mon-Thurs 3pm-5pm & Fri 2pm-4pm

### Village Square Gardening Club

Wed 9.30am-1.30pm

### All Saints Elders Lunch Club

Wed 12noon, Gill Parkin 604 6127

### Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

### Clarion Singers

Weds 7.30-9.30pm for everyone no auditions

### Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

### Birmingham MIND

Wed Drop In 6pm-9pm

### All Saints Stay & Play

for babies & toddlers Thurs 10.30am-12pm

### Kung Fu

Thurs in the hall 8.30pm - 9.30pm Stef on

07929 262 777info.playfighter@gmail.com

### Prayer Circle

Mary Cole 778 1286

### Eduark First Class Learning

Mon Wed Fri & Sat in the Marjorie Allen room

3.30pm - 6.30pm 07927021590

kingsheath@firstclasslearning.co.uk

### 1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 444 1390

### Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

### Traidcraft

Co-ordinator Gill Parkin 604 6127

Goods are sold in ASC and the Farmers' Mar-

ket. For times please see the notice in the

display cabinet

### The Potter's House Bible Study

Thurs 7-9pm & Sun 1.30-3.30pm & 7.30-

9.30pm daniellettman@hotmail.com

### Caroline's Fitness, Weight Management & Zumba

Fri 10-11am Caroline 441 2460

### USA Scrabble Group

2nd & 4th Fridays 2pm in chapel room

### Havana Salsa

Sundays 7.30-8.30pm 01164315926

**All Saints Centre** bookings contact the Centre Coordinator 0121 443 4579

or email: ascenquiries@allsaintscentrehk.co.uk , visit the centre

office or website: www.allsaintscentrehk.co.uk

**All Saints Community Development Company** 0121 443 4421

**All Saints Parish Office** 0121 444 0760

email:parishoffice@allsaintscentrehk.co.uk www.allsaintskingsheath.co.uk

**Kings Heath Village Square** bookings 0121 443 4579

**All Saints Youth Project & the Parent Project** 0121 443 1842

allsaintsyouthproject@btinternet.com www.allsaintsyouthproject.org.uk

**The Robin Centre** for older people Mon-Fri contact 0121 483 4400

## All Saints Centre Services & Weekly Church Services

### All Saints Medical Centre

444 2005

### Feet First Footcare

Podiatrist 444 0990

### All Saints Dental Clinic

444 0496

### The Village Square Café

Mon-Sat 9am-4pm

### Lloyds Pharmacy 444 4924

**Dens of Equality** supporting

children with special needs 441

2207

### Umbrellaz Childcare

Morning, After School Club &

Playscheme 07970258246

umbrellazchildcare@hotmail.co.uk

**Wed** Holy Communion 11.30 am

**Sun** 8a.m. Said Communion

10am Parish Communion

6.30 pm Evening Worship

*\*( on the first Sunday of*

*the Month there is All Age Wor-*

*ship at 11 a.m. and the*

*Parish Communion moves to 9.15*

# All Saints Outlook

## ALL SAINTS CENTRE & PARISH CHURCH



### ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

### & ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

February  
2016



The Knitted Tree  
has gone until  
next Christmas,  
but will it grow ?



WOOL is wanted  
for the Thursday  
Knit and Natter  
group

They meet every  
Thursday morning in the  
Cafe at All Saints. You  
can leave any unwanted  
wool (part ball or full  
balls both wanted) on  
the Welcome Desk at All  
Saints Centre reception.

They are currently  
knitting mittens for  
dementia patients and  
clothing for the  
premature baby unit at  
the Birmingham  
Maternity Hospital.



## Events at All Saints Centre Village Square

**6th Feb 9am-2pm**  
**Farmers Market 12-6pm**



**13th Feb Valentine**  
**Brum Yum Yum**  
**Fall in Love with**  
**KingshEATH Streetfood**  
**Market**

### In the Hall

**70's Evening**  
**6th February at ASC**  
**with Jamie McCowan the**  
**Jake Thakray Tribute**  
**plus 1970's quiz, prize for**  
**best outfit, music and**  
**drinks. Price includes**  
**Beef bourguignon supper**  
**followed by Black Forest**  
**Gateau (vegetarian option**  
**available) Tickets cost £12**  
**and are available from the**  
**Welcome Desk at All Saints**  
**Centre, The Café or call**  
**443 5292**

The closing date for the March  
issue of Outlook is February 16th  
Please send articles & photos to  
pat.a.rowland@gmail.com

## Art Exhibition

### KNIT ONE , PURL TOGETHER

The story of a tree of community  
friendship . A photographic exhibition by  
Vicki Okoosi and Glynis Powell who  
together with the Rev Diane Thompson  
and Sue Hoyle  
from Armadillo ,  
co-ordinated the  
making of The  
Big Knitted  
Christmas Tree  
which was on  
display in All  
Saints Church ,  
Kings Heath .  
The exhibition will continue its run until  
further notice . Open daily from Mon - Sat  
09.00 - 17.00 and mornings after Sunday  
services .



**New**

### Ladies Fit Class

Sundays 1-2pm £6  
Let 2016 be the year for change! Be a  
better you physically, mentally and  
nutritionally. 1 hour of cardio, yoga,  
resistance, abdominal and fun partner  
work. This class will get you moving and  
burning calories, feeling and  
looking great.

Contact Phillip : 07775 521759

### ALL SAINTS BADMINTON CLUB seeks new members

We are a mixed ability badminton  
club which started at All Saints Church Hall  
50 years ago. ( we have recently had  
some members move away and also retire  
due to ill health) Mainly we play mixed  
doubles every Wednesday 8 pm until 10  
pm.  
( now in the new centre) Give us a try - the  
first night is free! we are very friendly - for  
more information call Steve or Zena  
on 01905 772171

## DEMENTIA - a Growing Challenge

Did you know there are centres which specialise in  
helping people cope with this disease and in giving their  
carers and loved ones a break from the often difficult  
task of looking after them?

One of these is The Robin Centre, a purpose built day centre in  
the heart of Kings Heath. We offer fun and fellowship, entertainment  
and activities, good food and a warm environment, all tailored to the  
needs of our service users.

Come and see what we do at our OPEN DAY on SATURDAY 27  
FEBRUARY between 10.0 a.m. and 1.0 p.m. Staff and volunteers will  
be on hand to tell you about the way we work.

If you or a relative are affected by dementia we would love to see  
you then. We are right next to All Saints Church

**THE ROBIN CENTRE** 0121 483 4400 [www.allsaintscentrehk.co.uk](http://www.allsaintscentrehk.co.uk)



### The Rise and Fall of the Severn Valley Railway

Come along to this talk and video  
show by Bill Bannister of the Severn Valley  
Railway. on Saturday February 27th at 3  
pm. How was the Severn Valley line saved,  
how did it become one of the largest herit-  
age railways and leaders in preservation?  
Find out at this talk and slide show - only  
£3.50 including tea coffee and cake in the  
Church .

Tickets from the Welcome Desk 10am -1pm  
at All Saints or phone 443 5292.

### Beatles Valentines Day Fest!

Annual Celebration of Birmingham  
Debut at the Ritz Ballroom Sunday 14  
FEBRUARY 2016 3 p.m. ALL YOU NEED  
IS LOVE @ Fletchers Bar, York Road Top  
local musicians play Beatles' Love Songs  
£4 ADV from Kitchen Garden Cafe or  
[www.wegotickets.com](http://www.wegotickets.com) £5 DOOR

### All Saints Stay & Play Come and join us



**on Tuesdays 9.30am to 11am &**  
**Thursdays 10.30am to 12noon**  
**For babies, toddlers, parents,**  
**grandparents and carers.**  
**Join us for play and a chat**  
**at All Saints Centre**  
**only £3per child & £1.50 sib-**  
**lings. Includes a drink & snack**  
**for everyone.**