

## All Saints Centre Weekly Activities

### Christian Meditation

Mon 7.45-8.45 Joy Cheek 443 4625

### Rethink Mental Illness

Tuesday and Thursdays  
contact Debbie.wallace@rethink.org

### Tae Kwan Do

Mon 5.45-8.15pm Toby 07843046221

### All Saints Stay & Play

Tues 9.30-11am & Thurs 10.30am-12pm

### University of the Third Age Moseley & KH

Tues 2pm only 2nd Tues of month 449 2470

### All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+  
Wed afternoons & eves. Gateway to Inclusion  
6.15-8.15pm Tues & Thurs. 443 1842

### The Parent Project

Providing information/ support/ parenting  
programmes for parents of teenagers  
Open 10-5 Mon -Thurs 10-1 Fri 443 1842

### Birmingham Careers Service age 16-19

Tues 1-3pm in the Youth Project

### Youth Work on the Village Square

Mon-Thurs 3pm-5pm & Fri 2pm-4pm

### Village Square Gardening Club

Wed 9.30am-1.30pm

### All Saints Elders Lunch Club

Wed 12noon, Gill Parkin 604 6127

### Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

### Clarion Singers

Weds 7.30-9.30pm for everyone no auditions

### Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

### Birmingham MIND

Wed Drop In 6pm-9pm

### Ladies Fit Classes

Thurs 1-2pm £6 Phillip 07775 521759

### Kung Fu

Thurs in the hall 8.30pm - 9.30pm Stef on  
07929 262 777info.playfighter@gmail.com

### Prayer Circle

Mary Cole 778 1286

### Eduark First Class Learning

Mon Wed Fri & Sat in the Marjorie Allen room  
3.30pm - 6.30pm 07927021590

kingsheath@firstclasslearning.co.uk

### 1<sup>st</sup> Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm  
Scouts & Seniors John 444 1390

### Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

### Traidcraft

Co-ordinator Gill Parkin 604 6127  
Goods are sold in ASC and the Farmers' Mar-  
ket. For times please see the notice in the  
display cabinet

### The Potter's House Bible Study

Thurs 7-9pm & Sun 1.30-3.30pm & 7.30-  
9.30pm daniellettman@hotmail.com

### Caroline's Fitness, Weight Management & Zumba

Fri 10-11am Caroline 441 2460

### U3A Scrabble Group

2nd & 4th Fridays 2pm in chapel room

### Havana Salsa

Sundays 7.30-8.30pm 01164315926

**All Saints Centre** bookings contact the Centre Coordinator 0121 443 4579

or email: [ascenquiries@allsaintscentrehk.co.uk](mailto:ascenquiries@allsaintscentrehk.co.uk), visit the centre

office or website: [www.allsaintscentrehk.co.uk](http://www.allsaintscentrehk.co.uk)

**All Saints Community Development Company** 0121 443 4421

**All Saints Parish Office** 0121 444 0760

email: [parishoffice@allsaintscentrehk.co.uk](mailto:parishoffice@allsaintscentrehk.co.uk) [www.allsaintskingsheath.co.uk](http://www.allsaintskingsheath.co.uk)

**Kings Heath Village Square** bookings 0121 443 4579

**All Saints Youth Project & the Parent Project** 0121 443 1842

[info@asyp.org.uk](mailto:info@asyp.org.uk) [www.allsaintsyouthproject.org.uk](http://www.allsaintsyouthproject.org.uk)

**The Robin Centre** for older people Mon-Fri contact 0121 483 4400

## All Saints Centre Services & Weekly Church Services

**All Saints Medical Centre**  
444 2005

### Feet First Footcare

Podiatrist 444 0990

### All Saints Dental Clinic

444 0496

### The Village Square Café

Mon-Sat 9am-4pm

**Lloyds Pharmacy** 444 4924

**Dens of Equality** supporting  
children with special needs 441  
2207

### Umbrellaz Childcare

Morning, After School Club &  
Playscheme 07970258246  
[umbrellazchildcare@hotmail.co.uk](mailto:umbrellazchildcare@hotmail.co.uk)

**Wed** Holy Communion 11.30 am

**Sun** 8a.m. Said Communion  
10am Parish Communion  
6.30 pm Evening Worship

*\*( on the first Sunday of  
the Month there is All Age Wor-  
ship at 11 a.m. and the  
Parish Communion moves to 9.15*

# All Saints Outlook

## ALL SAINTS CENTRE & PARISH CHURCH



### ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

### & ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

May 2016  
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## St George's Day Celebrations

On Saturday 23rd April we had our very own  
St George and The Dragon on the Village Square.

The sun was shining and there was a fantastic turn out to celebrate, as well as food stalls and a licensed bar there was also kids activities including face painting, a bouncy castle, fun fair ride and hook a duck. There was live music plus an evening disco in the hall and a magic show.

Thank you to everyone who came to support the event,  
Jason Edwards and his team and also all the staff at  
All Saints Centre for their hard work.

## Events at All Saints Centre

### Village Square

**Sun May 1st**

### Food Birmingham

12noon - 6pm with Food,  
Drink & Live Music

### May 7th Farmers Market 10th Anniversary Celebrations

9am - 2pm, Support your local farmers market traders who supply an abundance of delicious, local, high quality produce. To celebrate there will be live music, entertainment and children's activities. KingsHeathFarmers-Market.org

### May 14th Brum Yum Yum

12pm - 6pm, This popular and well established Street Food event offers a wide selection of freshly prepared hot food ranging from the traditional to the exotic.

### May 21st Arts and Craft and Antiques Market

10am - 4pm, there will be an array of arts and crafts and antiques stall, kids activities and live music. To book a stall call 0121 443 4579 or email bookings@allsaintscentr ekh.co.uk

### Mindfulness and Meditation at All Saints Centre

Mindfulness and Meditation is growing in popularity. With many people seeing the beneficial effects of a short daily practice. Which include: Increased Concentration, Reduced Blood Pressure, Improve Posture, Reduction in Anxiety, Greater sense of well being and Enhanced Emotional Intelligence.

Come and try a session, everyone welcome. Tuesdays 7.30pm-8.30pm. Majorie Allen Room - £8 per session. Led by Adam Dacey who has a rich experience of teaching and practicing meditation. Each session will include, guided Meditations, teaching, discussion and questions. For more information visit : [www.createmindspace.org](http://www.createmindspace.org) or Facebook. [www.facebook.com/createmindspace](http://www.facebook.com/createmindspace)

## Art Exhibition

Local Observational Studies by Gary Izzard until May 22 2016

Gary is a local artist and designer, interested in all forms of visual communication. He works in a variety of styles and media. The pictured example shown – Pete, ballpoint pen, – is a recent work completed over four sittings at a portraiture class in Moseley. His formal art-based education was at the old Moseley Road Art School, Bournville College of Art and Crafts, and Graphic Communication at the University of Wolverhampton which helped to sustain and reinforce his own practice. Gary has recently moved away from commercial art into fine art and this is his first solo show. The exhibition will be open from 9.30 - 5.00 pm daily and after church services on Sunday mornings.



## The All Saints BIG FETE Saturday June 25th

We want to make it more of a community event, it will feature children's go-karts, rescued owls and reptiles, lots of stalls- but we would like some more music - would



you like to come and play? Are you a group, singer or ensemble? give us a call as we put a programme together. Many thanks Des 0121 443 5292

## All Saints Youth Project



Members of All Saints Youth Project's band **SWITCH** rehearse for their next performance. They all attend Gateway to Inclusion and have been supported by a MAC music project.

### Owen and Connor are going the 'Extra Mile'

Two young people at the All Saints Youth Project are preparing themselves for a sponsored run on Sunday 26<sup>th</sup> June to raise money towards supporting our holiday schemes.

Every year we aim to run 6 weeks of holiday schemes; over the 3 half terms and 3 weeks of the summer holidays, spanning Monday to Thursday (10am to 4pm each day) for around 40-50 disadvantaged young people -at no cost to them. However, this year we are really struggling to secure funding for all 6 weeks, so a few of our young leaders have taken it upon themselves to organise a sponsored run to help with the fundraising effort.

They will be pushing themselves in this 10 mile trek around Kings Heath (post exam period!) to ensure that this valuable free service can keep going.

If you would like to sponsor them, you can donate online at: [www.totalgiving.co.uk/mypage/xtramile](http://www.totalgiving.co.uk/mypage/xtramile)

## RACING PIGEONS

### How do they Do it?

A talk and video presentation in All saints Church on Wednesday May 11th. The talk will include Pigeons in Wartime and why it is the Queen's alternative racing passion. The afternoon will aim to dispel a few myths and some non-pecking and non-pooping pigeons will be provided. Tea/Coffee and Cake included ( for those attending not the pigeons!) admission £2.50 tickets from the Welcome Desk at All Saints Centre or call 0121 443 5292 The talk will start at 2.30 pm Get Your Ticket Now. For more information 0121 443 5292



## Carla sings Dusty Springfield

King's Heath Walk of Fame are thrilled to present the UK debut of Carla to celebrate the 50<sup>th</sup> Anniversary of Dusty Springfield's appearance at King's Heath's old Ritz Ballroom. Her voice has a striking resemblance to Dusty's and she is bound to woo you with her own inspirational and enigmatic style. This young woman, and her guitar, are living the dream and with her intimate style and captivating voice she will lead you back into magical memories of Dusty. Expect to hear many of Dusty's greatest hits including Some Of Your Lovin' that had just been released in 1966 when she appeared at the Ritz. 8 May 3-6pm. Tickets £4 advance from Kitchen Garden Cafe or £4.40 from [www.wegotickets.com](http://www.wegotickets.com) Any remaining tickets will cost £5 on the door.