

All Saints Centre Weekly Activities

Christian Meditation

Mon 7.45-8.45 Joy Cheek 449 0511

Yoga Mon 9.45am, 11am & 8.30pm. Tues 8.30pm. Fri 12.15pm 0121 426 2633

Rethink

Monday, Tuesday and Thursdays
contact Debbie.wallace@rethink.org

Tae Kwan Do

Mon 5.45-8.15pm Mark 0785 6687 152

All Saints Stay & Play

Tues 9.30-11am

Tuesday Jubilee Club for 55+

Tues 12.30-2.45pm

University of the Third Age Moseley & KH

Tues 2pm only 2nd Tues of month 449 2470

Kung Fu/Kickboxing

Tuesdays 8.30-9.30pm. Contact Stef on 07929 262 777info.playfighter@gmail.com

All Saints Youth Project

Tuesdays 3.30-5.30pm Drop In 6.30-8.30pm

Inclusion. Weds 3.30-5.30pm transition.

Thurs 3.30-5.30pm drop in and 6.30-8.30pm inclusion. Contact 443 1842 or 07436798497

The Parent Project

Open 10am-5pm Mon-Thurs and 10am-1pm
Fri Resource Centre for activities, information and support. Tel No 441 4106

Youth Work on the Village Square

Mon-Thurs 3pm-5pm & Fri 2pm-4pm

Village Square Gardening Club

Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wed 12noon, Gill Parkin 604 6127

All Saints Robin Centre

for older people Mon-Thur contact 483 4400

Tae Kwon Do

Wednesday 5.45pm till 7.15pm Contact Toby 07843046221

Clarion Singers

Weds 7.30-9.30pm for everyone no auditions

Badminton

Wed 8 -10 pm Tom on 0121 684 3509

Birmingham MIND

Wed Drop In 6pm-9pm

Munchkins Lunch Club

for babies & toddlers Thurs 11.30am-1pm

Kung Fu

Thurs in the hall 8.30pm - 9.30pm

Prayer Circle

Mary Cole 778 1286

Meditation Group

meets 2nd Thurs 7.30pm Daniel 444 4605

Fit Club (children's non contact boxing)

Fridays 3.45pm - 4.45pm contact Paul Webb 07534404515

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45-10.00pm Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

Traidcraft

Co-ordinator Gill Parkin 604 6127
Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

The Potter's House Bible Study

Thurs 7-9pm & Sun 1.30-3.30pm & 7.30-9.30pm daniellettman@hotmail.com

Caroline's Fitness, Weight Management & Zumba

Fri 10-11am Caroline 441 2460

All Saints Centre bookings contact the Centre Coordinator 0121 443 4579 or email: ascenquiries@allsaintscentrehk.co.uk, visit the centre office or website: www.allsaintscentrehk.co.uk

All Saints Community Development Company 0121 443 4421

email: enquiries-ascdc@live.co.uk website: www.ascdc.co.uk

All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrehk.co.uk www.allsaintskingsheath.co.uk

Kings Heath Village Square bookings 0121 443 4579

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre 444 2005

Lloyds Pharmacy 444 4924

Feet First Footcare
Podiatrist 444 0990

All Saints Dental Clinic
444 0496

Dens of Equality
supporting children with special needs 441 2207

Umbrellaz Childcare
Morning, After School Club & Playscheme
07970258246 or email:
umbrellazchildcare@hotmail.co.uk

Wed Holy Communion 11.30 a.m.
Sun 8 a.m. Said Communion
10am Parish Communion
6.30 p.m. Evening Worship
5th October a special evensong service at 4.30pm

All Saints Outlook

October 2014
ISSUE 61



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

& ALL SAINTS CENTRE

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

All Saints Centre



Britain in Bloom Award 'Outstanding'

All Saints are delighted to have been awarded the Britain in Bloom "Outstanding" accreditation in the "its your neighbourhood" category. This is the second year running that our hard work has been recognised in this way, huge thanks in particular must go to the volunteer gardening team for their enthusiasm and tireless energy. Trish Willetts, assessor for Britain in Bloom commented "The whole team are working so well and offering the Village Square as a complete community hub where all ages come together to meet and enjoy the beautiful building and gardens", she continued "the team are a flagship of excellence".

What's On at All Saints Centre

Farmers Markets

4th Oct, 1st Nov & 6th Dec

Brum Yum Streetfood Market

11th Oct

Antiques and Collectables Market

18th October

Queensbridge school pop up market

9am - 1pm 24th October.

Charity Auction

Of household items including china, glass, paintings, bric a brac, mirrors and small furniture items.

Saturday 18th October

Viewing from 11.30am, Sales starts 12 noon Admission £1.00 Catalogue £1.00 or available in advance by e mailing khmdgroup@gmail.com For more info call 07738 886320

All profits to the Muscular Dystrophy Campaign.

All Saints Badminton Club

meets every Wednesday in the All Saints Church Hall. 8pm - 10 pm - First night free - give us a try, we are an adults club playing mixed ability badminton. More details from Tom on 079477691604

General Knowledge Fundraising Quiz

With independent quizmaster in Centre's Hall, Saturday 4 October, 7.30pm Tickets cost £7.50, which includes a fish and chip supper or sausage/vegetarian alternative (you will need to bring your own drinks), available in advance from Ben & Clare Noakes on 0121 441 3709 or noakes.benjamin@gmail.com

You can either bring your own team (of up to 6 people) or just buy a ticket for yourself and we will sort people into teams.

Art Exhibitions

1 September – 19 October

John Gage – Giclee Prints

19 October – 30 November

Gary Skelhorn – Mixed Media Pictures

of Angels (5% of proceeds to go to the All Saints Youth Project)

These exhibitions will be open in the All Saints Centre 'Welcome Space' Monday – Saturday and on Sunday



Munchkins Lunch Club

A New group for babies & toddlers has opened on Thursdays 11.30am-1.00pm at ASC. Come along with your choice of healthy lunchtime foods, and create something new and healthy to munch on together. Learn about different foods and what they can do for you!

Or just stay & play, eat and have fun.

Price £3 (£1 for additional siblings)

munchkinslunchclub@groups.facebook.com

or : jibberingemma@gmail.com

Emma tel. no 07968 959 828



New Yoga Classes

On Monday 6 October *Barefoot Birmingham* are bringing their fun and relaxed yoga classes to All Saints centre - and you can try your first class for FREE. There will be 5 'pop-up' yoga classes a week, held in the Main Hall. All welcome, men, women, young and old, bendy or otherwise (don't worry if you can't touch your toes, you soon will). Classes are : Mon 9.45-10.45am Mon 11am-12pm - Gentle Hatha Yoga Mon 8.30-9.30pm - Beginner's Yoga Tues 8.30-9.30pm - Yoga Flow Fri 12.15-1.15pm - Hatha Yoga for All Single class tickets (from £5 for over 60's to £9 for evening classes), discounted class passes and monthly memberships are valid



for both All Saints and the Harborne studio. Be sure to book in advance though as Barefoot classes are popular! To book your FREE first Kings Heath class (any time in Oct.) book online at www.barefootbirmingham.com and enter promotional code KINGSFREE at checkout. or call 0121 4262633 (leave a message). Wear something comfortable and stretchy (leggings / shorts and vest ideal), arrive fully hydrated and bring a drink for afterwards. In yoga it is traditional to NOT drink during class as this puts out the internal 'fire' or energy you will be building. See you in class, or in the yummy All Saints Café

Don't Forget to vote for All Saints Centre In the Lloyds Community Fund. The public vote will take place until 10 October To see our online profile please go to <http://lly-cf.com/CGD>

New Ritz Community Arts Centre

We want to create a new Ritz Community Arts Centre that will include a Birmingham Pop Music museum, cinema and a rehearsal and performance space for music, theatre and dance on the site of the old Ritz Ballroom. Over 300 people out of the 500 people we need have now pledged £10 a year to turn our dream into reality. If you have not already done so, you can pledge support and fill in an on-line questionnaire at <https://www.surveymonkey.com/s/R98H3YM> Visit York Road and have a look at the great new series of murals painted by local graffiti artist Hoakser on the boards surrounding the fire damaged ruins of the old ballroom.

Brandwood older peoples forum

Advice & information day for the over 50's

Thursday 23rd October in ASC hall 10am - 2pm

New to All Saints Centre

Kung Fu every Thursday evening in the hall 8.30pm - 9.30pm

Non contact children's boxing club in the hall each Friday 3.45pm - 4.45pm

Changes To The Jubilee Club

Please note the Jubilee Activity Club (For people aged 55 and above) is now held on Tuesdays 12.30 pm – 2.45 pm in the Main Hall. All enquiries: 0121 483 4400 We look forward to meeting you.

Church Services

There are no 9.15am or 11am All Age Worship services until **December** it's 10am all the way to Advent. We have a Greenbelt service all together on 5th October; and confirmations on All Saints Day on the first Sunday of November On 5th October there will be a special evensong service at 4.30pm