

## All Saints Centre Weekly Activities

### Christian Meditation

Mon 7.45-8.45 Joy Cheek 443 4625

### Rethink Mental Illness

Tuesday and Thursdays  
contact Debbie.wallace@rethink.org

### Tae Kwan Do

Mon 5.45-8.15pm Toby 07843046221

### All Saints Stay & Play

Tues 9.30-11am & Thurs 10.30am-12pm

### University of the Third Age Moseley & KH

Tues 2pm only 2nd Tues of month 449 2470

### All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+  
Wed afternoons & eves. Gateway to Inclusion  
6.15-8.15pm Tues & Thurs. 443 1842

### The Parent Project

Providing information/ support/ parenting  
programmes for parents of teenagers  
Open 10-5 Mon - Thurs 10-1 Fri 443 1842

### Birmingham Careers Service age 16-19

Tues 1-3pm in the Youth Project

### Youth Work on the Village Square

Mon-Thurs 3pm-5pm & Fri 2pm-4pm

### Village Square Gardening Club

Wed 9.30am-1.30pm

### All Saints Elders Lunch Club

Wed 12noon, Gill Parkin 604 6127

### Tae Kwon Do

Wed 5.45pm till 7.15pm Toby 07843046221

### Clarion Singers

Weds 7.30-9.30pm for everyone no auditions

### Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

### Birmingham MIND

Wed Drop In 6pm-9pm

### Ladies Fit Classes

Thurs 1-2pm £6 Phillip 07775 521759

### Kung Fu

Thurs in the hall 8.30pm - 9.30pm Stef on  
07929 262 777info.playfighter@gmail.com

### Prayer Circle

Mary Cole 778 1286

### Eduark First Class Learning

Mon Wed Fri & Sat in the Marjorie Allen room  
3.30pm - 6.30pm 07927021590

kingsheath@firstclasslearning.co.uk

### 1<sup>st</sup> Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 444 1390

### Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

### Traidcraft

Co-ordinator Gill Parkin 604 6127  
Goods are sold in ASC and the Farmers' Mar-  
ket. For times please see the notice in the  
display cabinet

### The Potter's House Bible Study

Thurs 7-9pm & Sun 1.30-3.30pm & 7.30-

9.30pm daniellettman@hotmail.com

### Caroline's Fitness, Weight Management &

### Zumba

Fri 10-11am Caroline 441 2460

### U3A Scrabble Group

2nd & 4th Fridays 2pm in chapel room

### Havana Salsa

Sundays 7.30-8.30pm 01164315926

**All Saints Centre** bookings contact the Centre Coordinator 0121 443 4579

or email: ascenquiries@allsaintscentreh.co.uk , visit the centre

office or website: www.allsaintscentreh.co.uk

**All Saints Community Development Company** 0121 443 4421

**All Saints Parish Office** 0121 444 0760

email:parishoffice@allsaintscentreh.co.uk www.allsaintskingsheath.co.uk

**Kings Heath Village Square** bookings 0121 443 4579

**All Saints Youth Project & the Parent Project** 0121 443 1842

allsaintsyouthproject@btinternet.com www.allsaintsyouthproject.org.uk

**The Robin Centre** for older people Mon-Fri contact 0121 483 4400

## All Saints Centre Services & Weekly Church Services

**All Saints Medical Centre**  
444 2005

### Feet First Footcare

Podiatrist 444 0990

### All Saints Dental Clinic

444 0496

### The Village Square Café

Mon-Sat 9am-4pm

**Lloyds Pharmacy** 444 4924

**Dens of Equality** supporting  
children with special needs 441  
2207

### Umbrellaz Childcare

Morning, After School Club &  
Playscheme 07970258246  
umbrellazchildcare@hotmail.co.uk

**Wed** Holy Communion 11.30 am

**Sun** 8a.m. Said Communion  
10am Parish Communion  
6.30 pm Evening Worship

*\*( on the first Sunday of  
the Month there is All Age Wor-  
ship at 11 a.m. and the  
Parish Communion moves to 9.15*

# All Saints Outlook

## ALL SAINTS CENTRE & PARISH CHURCH



**ALL SAINTS COMMUNITY DEVELOPMENT COMPANY**

Company No 4499211 Charity Number 1095879

**& ALL SAINTS COMMUNITY PROJECTS**

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

March 2016  
ISSUE 75



## Kings Heath Streetfood Market returned with a truly global menu

"Streetfood, booze and live music will always be the Brum Yum Yum way," say the organisers of the monthly Kings Heath Streetfood Market. True to form, all of the above ingredients were present and correct when BYY's fourth season of fun with food returned to the village square.

Over 20 street food specialists filled the square with an array of marquees, stalls and vehicles, including Bare Bones Pizza, Mister V Street Food, jerk chicken from Caribbean specialists Spice It Up and 'Malaysia in a bowl' from Penang Laksa. There was Belly in a Box from The Pork Society, Nigerian-style jollof rice from Flavors of Africa and Victoria Creperie's handmade crepes. After such a mild winter, it was unfortunate that the February Valentine's weekend was so cold, but pianist Gerry Smith donned mittens to keep up with mandolin star Richard Heath as The Whiskey Brothers played old-style blues numbers.

Photos Birmingham Mail

## Events at All Saints Centre

**5th March - Farmers Market on the Village Square**

**12th March - Brum Yum Yum street food market on the village square**

**19th March - St Patrick's Day Food Festival 12-8pm**

**26th March - Arts and Crafts Market 10am - 4pm**, there will be the usual array of fine arts and crafts on sale from local crafters plus live music and food stalls. To book a stall please contact Kerri on 0121 443 4549 or email [bookings@allsaintscentrehk.co.uk](mailto:bookings@allsaintscentrehk.co.uk)

### Radical Penguin

**5th March - in the hall Childrens Market**

Visitors can expect to find a selection of child related products & services, including some of the best crafts that the West Midlands has to offer. FREE ENTRY with pre-registration) you can register @<http://beyondradicalerevents.co.uk/childrens-markets/>

**St Patrick's Day Food Festival**

**Saturday 19th March 12-8pm on Kings Heath Village Square**  
Food stalls, bar with cocktails, face painting, arts & craft, and activities for kids  
**Live Music from 4-8pm**  
[www.foodbirmingham.co.uk/stpatricksdays](http://www.foodbirmingham.co.uk/stpatricksdays)



## Art Exhibitions

Popular local artist Beverley Barr will be showing her prints of Station Of The Cross, permanently housed in Christ Church, Eastbourne. This exhibition ties in with displays of the same theme by local community groups which

will be shown within All Saints Church. Beverley will be on hand in the cafe to sell and discuss her work. Runs from March 6 - 27 in The Welcome Space, open daily from 09.30am-4.30 pm and after morning church services on Sundays.

### Community Art Exhibition

Users of All Saints Church and Centre have been participating in an art project for Easter exploring Jesus' journey to the cross. The creative stations will be on display in the Centre and Church from 6th March 2016 until after Easter and explore themes such as burden, healing, forgiveness and justice. Some of the stations will be interactive and users of the cafe are invited to contribute to the exhibition.

### An Evening of Music

Join us at All Saints Church on Friday 22 April at 8pm to enjoy an evening of music with the **Central England Concert Band** and the **Warwickshire Band Royal Regiment Fusiliers**. All proceeds from the sale of tickets will be in aid of the Robin Centre, a day centre providing care and respite for vulnerable older people. Our cafe/bar will be open from 7pm. Please see publicity and April edition of Outlook for more details.



**CLEAN FOR THE QUEEN**

**Join Your Local Clean Up Sunday 6th March 12 - 3pm**  
Meet outside Kings Heath Library  
Join the All Saints Youth Project to clean the Kingsway & Library frontage  
For more information [k.lam@asyp.org.uk](mailto:k.lam@asyp.org.uk)  
Tel Kui 443 1842

## All Saints Youth Project Courses & Support Groups



For further Information contact: **Ian Barber - The Parent Project on : 0121 443 1842/0743 679 8497 Or email - [i.barber@asyp.org.uk](mailto:i.barber@asyp.org.uk) [www.allsaintsyouthproject.org.uk](http://www.allsaintsyouthproject.org.uk)**

### Group Non Violent Resistance

**NVR** is specifically developed for responding effectively to aggressive, violent, self-destructive and controlling behaviour in children, adolescents and young adults. The course runs for 10-12 weeks and is effective in improving the behaviour of young people, reducing parent/ carers' feelings of hopelessness and raising confidence—bringing a more peaceful atmosphere in the family. Tuesdays 10am –12pm until 22nd March & 10th May to 5th July.

### Dads Group

**Drop in support for fathers, grandfathers and male carers**

Run by fathers for fathers of children & young people aged birth to 19. Why not drop in for a coffee and a chat in a warm friendly environment. Join in activities with your children and other dads or just sit back and relax. Friday Evenings 4.30-6.30pm 11th & 25th March 8th & 22nd April 6th & 20th May.

### T.R.U.S.T.

**Together Respecting Understanding Supporting Teenagers 2016**

A Support Group run by Parents for Parents and Families affected by Adolescent Mental Health Offering understanding and support in a confidential environment. Join us for one or more of our monthly meetings on Wed evenings 6.30-8.30pm 2nd March, 6th April & 4th May.

**Recycling** your printer inkjet cartridges and old mobile phones can help support local charities. We have a collection box in AS Youth Project. For more information visit [www.recycle4charity.co.uk](http://www.recycle4charity.co.uk) the supporter code for All Saints Youth Project is C73401.

### Parenting In the Teenage Years Preparing for it ..... And getting through it!

Wednesday/ Thursday/ Friday  
Parenting teenagers is a three day parenting programme using DVD and discussion. In the DVD Rob Parsons gives you the inside track on understanding the teenage years and shares some of the lessons he learnt as a parent. It also gives parents the opportunity to share their experiences, learn from each other, and explore some essential parenting principles. It can also be a stepping stone to going onto more structured parenting programmes like Teen Triple P & other parenting programmes. 10am-12pm on 16th, 17th, 18th March, ongoing.

### Teen TRIPLE P Parenting Programme

Every Monday for 8 weeks

### INCLUSION +

This is an inclusive group for young adults with additional needs aged 19yrs +  
Wednesdays during term time 3-5pm learning opportunities includes cooking, travel training, budgeting etc.  
5.30-8pm Social Club on and off site activities such as meals out, bowling, films,, workshops and more.

### ADHD Parent & Carers Support Group

10th March, 14th April, 12th, May 9th, June 14th, ongoing  
Meet other parents and carers in a relaxed, friendly atmosphere and learn about ADHD. Get updated information on ADHD from guest speakers.