



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

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Company Number 4499211 **Charity Number** 1095879

All Saints Centre Weekly Activities

All Saints Youth Project

After School Drop in Tues & Thurs 3.45 - 5.45pm.
For all other activities call Tel no 441 1827

The Parent Project

Drop-In Sessions Mon 1pm-3pm Tues 10am-12noon,
Wed 1pm-3pm, Thurs 10am-12noon & 1pm-3pm
and Fri 10am-12noon.
Tel no 441 4106 or 0121 444 7877

Healthy Living Project

Wed Lunch 12noon
Activity 1-2pm

Play & Stay

Mon, Tues & Thurs
9.30am to 11.30am

Kings Heath 1,000



I would like to know more about Kings Heath 1,000

Name _____

Address _____

Tel no _____

Email: _____

I would like a donation form &/or visit from a Director (please tick)

Please complete the form & return it to All Saints Parish Office 2,
Vicarage Rd or to Feet First in the All Saints Medical Centre

All Saints Outlook

ALL SAINTS COMMUNITY DEVELOPMENT COMPANY
2, Vicarage Road, Kings Heath, Birmingham, B14 7RA
Issue 3 February 2009



Village Square Project Gathers Speed

The creation of Kings Heath Village Square by bringing together and landscaping church and City land begins later this year. Birmingham City Council have committed £200k towards the cost and other funding applications are being made. The project is being steered by a combined All Saints, BCC, Centro and Kings Heath Centre Partnership team and schools, residents, community and business groups are actively participating in refinement of the proposal.



All Saints Youth Project – Gateway to Inclusion

All Saints Youth Project is rightly proud of its Gateway to Inclusion project. This is an opportunity for young people with learning difficulties and behavioural issues to take part in youth activities alongside other young people in a mainstream environment. Aged between 11 to 25, we welcome young people with Downs Syndrome, Tourettes, Autism, Cerebral Palsy and ADHD. The emphasis of the group is independent living and activities offered at the twice weekly sessions include cooking, music, games, and art and the young people are encouraged to attend open sessions offered by the Youth Project on other nights. The young people are supported by peer mentors, some of whom were mentored themselves and now



enjoy assisting and supporting others.

A fantastic achievement is that 13 young people have been awarded Youth Achievement Awards. To gain this accredited award the young people have to complete challenges and build a profile including writing, pictures and gathering evidence. Done at their own pace, parents and carers are amazed at how much hard work the young people have put into their awards and how much their social and educational skills have improved during the process.

Phase 2a

When work is completed in June. The new building will accommodate an Elderly Day Facility during the week and will be available at weekends for other uses such as exhibitions and a community café.



All Saints Healthy Living Project

A group of older people who attend the All Saints Healthy Living Project enjoyed six sessions working with the CBSO and Sampad to produce a performance called 'New Light'.

This was presented in All Saints Church on Wednesday 21st January and was very successful. It was an entirely new experience for most of the group, although some have been members of choirs, they found singing Punjabi folk music a new challenge. They also played a range of percussion instruments.

The composition was created with inspiration from the seasons



CBSO and Sampad with members of the group Picture by BPM Media

and the church being in the middle of a regeneration project; so it is a piece about regeneration and new life.

We would like to encourage new volunteers to the Healthy Living Project; we meet on Wednesdays at 1pm. If you are interested in helping to coordinate, or are able to lead an interesting session please ring Pat Rowland on 443 4923



Here's how you can help with the new developments

By giving just 30p per day you can help us:

- Create the new village square – a space to enjoy at the heart of Kings Heath
 - Complete our community hall for use by the whole community
- You can play your part by joining Kings Heath 1000; 1000 people giving 30p for 1000 days will raise £375,000.

And what's 30p worth?

Well, less than a chocolate bar or a cup of tea. But to the community, 30p per day means so much more.

To make your contribution, complete a Kings Heath 1000 form or complete & return the form on back page of February Outlook. Contact us on 443 4421 or email info@allsaintscentrehk.co.uk

